The Association for Comprehensive Energy Psychology presents the
11th Annual International Energy Psychology Conference

INTENTION
TRANSFORMATION
AND CHANGE

Thursday, May 28 – Sunday, May 31, 2009
Orlando, Florida

Pre-conference Seminars: May 28, 2009
DCEP & CEHP Energy Psychology Certification Workshop: June 1-3, 2009
Up to 44 CEs Available

4 PLENARY SPEAKERS
Jean Houston, PhD • Author of twenty six books on human potential
Larry Dossey, MD • Author of ten books on alternative medicine and healing
Beverly Rubik, PhD • Leading biofield researcher
Lama Surya Das • Author of ten books on tibetian buddism and spirituality

12 ONE DAY PRE-CONFERENCE SEMINARS
54 BREAKOUT SESSIONS IN 9 TRACKS
Fundamentals of Energy Psychology
Energy Psychology Through the Life Cycle
Special Populations
Specific Approaches
Spirituality and Consciousness
Developing the Practitioner
Developing your EP Business
Integrated Approaches to Energy Psychology
Potpourri of Energy Psychology

Monday June 1st • Two Special One Day Events
Jean Houston, PhD • The New Story of You: Participating in the Mystery of Transformation of Self and Society
Lama Surya Das • The Big Questions: How to Find Your Own Answers to Life’s Essential Mysteries

Learn more and register on-line: energypsych.org

Co-sponsored by The International Society for the Study of Subtle Energies and Energy Medicine (Isseem.org), Traditional Chinese Medicine World Foundation (tcmworld.org), and Southeast Institute for Group and Family Therapy (Seinstitute.com)
Who should attend?

- Psychologists
- Nurses
- Psychiatrists
- Social Workers
- Physicians
- Marriage & Family Therapists
- Chiropractors
- Energy Medicine Practitioners
- Counselors
- Alternative Health-Care Providers
- Acupuncturists & TCM Practitioners
- Educators
- Clergy

The conference is open to anyone interested in their own healing and personal growth.

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### ACEP

is the largest international nonprofit organization promoting professionally responsible Energy Psychology treatments, and collaboration among practitioners, researchers, and licensing bodies.

For more information, visit our website at energypsych.org.

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**Larry Dossey, MD**

*Thinking Unthinkable Things: Consciousness and the Spectrum of Healing*

Friday, May 29 • 8:00am - 10:00am

Currently, around ninety of the 125 medical schools in the United States have formal course material exploring the correlations between spiritual practices, health, and longevity. These developments come as a surprise to many healthcare professionals and laypersons, who have presumed that there is no such evidence, and that medical science and spirituality don’t mix. This presumption needs to be reexamined. Recent surveys reveal that an overwhelming majority of U.S. physicians believe in the therapeutic efficacy of spiritual practices. Moreover, around forty percent of American biologists, physicists, and mathematicians believe in a Supreme Being capable of answering prayer. Research studies in spirituality and prayer are being conducted at major hospitals and medical schools, and such studies have been published in mainstream medical journals.

Dr. Dossey will explore the reasons for these developments. He will discuss current developments in consciousness theory that may support distant, nonlocal effects such as intercessory prayer and distant healing, as well as some of the actual studies supporting these phenomena. Dr. Dossey’s observations will offer a potential bridge between scientific and spiritual thinking.

Deeply rooted in the scientific world, Dr. Larry Dossey has become an internationally influential advocate of the role of the mind in health and the role of spirituality in healthcare. Bringing the experience of a practicing internist and the soul of a poet to the discourse, Dr. Larry Dossey offers panoramic insight into the nature and future of medicine. The author of ten books and numerous articles, Dr. Dossey is executive editor of the peer-reviewed journal *The Journal of Science and Healing.* The primary quality of all of Dr. Dossey's work is scientific legitimacy. He has lectured all over the world. His books include *The Extraordinary Healing Power of Ordinary Things: Healing Beyond the Body, Reinventing Medicine,* and *Prayer is Good Medicine.*

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**Jean Houston, PhD**

*So You Want to Change the World: Energy and Aptitude for a Time of Whole System Transition*

Saturday, May 30 • 8:00am - 10:00am

In this potent and often hilarious talk, Jean Houston will offer ways and means to profoundly make a difference for the betterment of individuals, communities, organizations and cultures. Drawing upon her work in over 100 countries in training leaders in social artistry (human development in the light of social change), she will offer liberating pathways as well as techniques of activating human and social potentials in sensory, psychological, mythic and symbolic as well as spiritual and integral levels of the human capacity. Together, these lead to enhanced abilities to creatively and effectively deal with present challenges. She will address the unique place that energy psychology has in a world of radical shifts.

Dr. Jean Houston has lectured in over half of the countries of the world and worked intensively in some forty cultures and has authored twenty six books. She has served as an advisor and consultant to the UN and UNICEF. She is training leadership in many developing countries through her programs in social artistry, and is the creator and principal teacher of two schools: a Mystery School of philosophical and psychological studies, now in its twenty-sixth year, and a school for Social Artists.

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**Lama Surya Das**

*Buddha Is as Buddha Does: Ten Original Practices for Enlightened Living*

Sunday, May 31 • 1:15pm - 3:00pm

Spiritual wisdom is an endangered natural resource in our volatile and benighted world today. The altruistic Spiritual Warrior and Awakener, what Buddhists call a Bodhisattva, is a light-being who is uns selfishly dedicated to the highest good for the greatest number. We all—and the younger generations too—can become that enlightened leader and warrior, rather than worrier: an exemplary role model to bring about the changes we wish to see in the world. In his inimitable light and lively, open style, combining both theory and practice, Lama Surya Das will teach us the the outer and inner ways and skillful means to bring spirituality into our daily life at home, at work, and in our communities, to transform ourselves and thus help transform the world.

“We must become the wise elders we wish to see leading and guiding our world. It’s now or never, as always.”—Lama Surya Das

Lama Surya Das is one of the foremost Western Buddhist meditation teachers and scholars and a main interpreter of Tibetan Buddhism in the West. The Dalai Lama calls him “The Western Lama.” He is the founder of the Dzogchen Center in Cambridge, MA and is the author of many books, including *Buddha is as Buddha Does: The Ten Transformative Practices of Enlightened Living; Awakening the Buddha Within: Tibetan Wisdom for the Western World; Awakening to the Sacred; The Big Questions: How to Find Your Own Answers to Life’s Essential Mysteries; and Letting Go of the Person You Used to Be: Lessons on Change, Loss and Spiritual Transformation.*
of human consciousness and how we live our lives. Throughout recorded history, people have claimed the ability to sense the future, on occasion through premonitions, instinct, intuition, hunches, or “gut feelings.” This ability has been dismissed as anecdotal, fanciful, and impossible by conventional science. Recently, however, this dialogue has changed. Computer-based laboratory experiments, now replicated worldwide, indicate an innate ability to sense future developments. Dr. Dossey will review this information and discuss its impact on our understanding of the power of premonitions, and how they shape our existence.

Larry Dossey, MD

**Remembering the Future: The Power of Premonitions, and How They Shape Our Existence**

Friday, May 29 • 7:30pm - 9:30pm (open to public)

Throughout recorded history, people have claimed the ability to sense the future, on occasion through premonitions, instinct, intuition, hunches, or “gut feelings.” This ability has been dismissed as anecdotal, fanciful, and impossible by conventional science. Recently, however, this dialogue has changed. Computer-based laboratory experiments, now replicated worldwide, indicate an innate ability to sense future developments. Dr. Dossey will review this information and discuss its impact on our understanding of human consciousness and how we live our lives.

Beverly Rubik, PhD

**Transforming Illness and Maximizing Well Being: The Role of the Human Biofield**

Thursday, May 28 • 7:30pm - 9:30pm (open to public)

The biofield is a subtle energy field that surrounds and permeates the body. The biofield reflects both the health of the body as well as the mind. In this fascinating and mind-opening talk, biofield expert Dr. Beverly Rubik will describe what the biofield is and how you can measure it, with far reaching implications for EP research and practice. In the alternative medicine world, it becomes important to know what is real and what is artifact, which is where research and measurement come in. She will discuss her research measuring the effects of EP interventions, such as the recent work of Gary Craig with EFT, as well as other interventions such as the Q-link, alkalized water, and the effects of brain training on brain frequencies associated with happiness. Finally, Dr. Rubik will discuss how her research leads to easy, specific and practical steps that anyone can take to maximize his or her health and well being.

Dr. Beverly Rubik, president and founder of the Institute for Frontier Science, a nonprofit organization, holds a PhD in biophysics from the University of California at Berkeley. She has published over eighty papers and two books. Dr. Rubik presently serves on the editorial boards of *Journal of Alternative and Complementary Medicine; Integrative Medicine Insights;* and *Revision.* She is adjunct professor in Integrative Health at California Institute of Integral Studies; adjunct faculty member in Integrative Health at Saybrook Graduate School; and a holistic health practitioner to clients at Health Medicine Center in Walnut Creek.

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developing TAT in 1993, her trainings have been enthusiastically received. In private practice and travels worldwide to give TAT trainings. Her background includes understanding trauma and emotional distress, group TAT is a powerful tool in the healing process. In this workshop, participants will experience this new use of TAT for themselves, understanding it’s value and building their own connections.

The Power of Community Intention with TAT
We have recently begun to realize the power of using TAT in groups. When doing TAT in a group, everyone contributes their own issue(s) to a collective bundle. The intention is made that individuals are working on their own behalf and on behalf of everyone else in the group, their ancestors, their families, etc. Because a feeling of isolation is a hallmark of trauma and emotional distress, group TAT is a powerful tool in the healing process. This in workshop, participants will experience this new use of TAT for themselves, understanding it’s value and building their own connections.

Gloria Arenson, LMFT is a Licensed Marriage and Family Therapist. She is the author of How to Stop Playing the Weighting Game, Born to Spend, Five Simple Steps to Emotional Healing, Freedom At Your Fingertips, and Procrastination Nation. She is past president of ACEP.

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Energy (Not) Tapping for Trauma
This session will highlight information and techniques covered in Dr. Gallo’s 2007 book, Energy Tapping for Trauma. The presentation begins with an overview of trauma and PTSD and then reviews traditional and more recent treatment approaches, with special emphasis on a variety of EP and consciousness-raising approaches, many developed by Dr. Gallo. The format includes discussion, demonstrations, and group exercises.

Fred P. Gallo, PhD, DCEP coined the term Energy Psychology and is author of eight books on EP and teaches on the subject worldwide. He founded Energy Diagnostic and Treatment Methods (also called Advanced Energy Psychology (AEP) and Energy Consciousness Therapy.

The Power of Healing Addiction with EP
Energy Psychology (EP) offers tools to reduce craving, clear the interface of trauma and addiction, release the energetic origins of relapse, and heal the collective addiction to power and violence. Addiction is a misdirected spiritual path. EP moves addicts from unconsciousness to consciousness, deepening the spiritual experiences of the clients. This workshop offers a blend of the tried and true treatments in addictions medicine with the power of energy medicine.

Mary Hammond-Newman, MA, LPC, DCEP practices Dynamic Energetic Healing® with adult and child clients. She has a special interest in healing addictions so many more can serve people and the planet. Mary is author of Discovering Your Soul’s Purpose.

Bodymind Healing in Psychotherapy: Towards an Integral, Comprehensive Energy Psychotherapy
Broaden your practice of a comprehensive EP and see that EP also can include Qigong, depth psychology, symbolic process traditions, etc. You’ll learn how all psychotherapy is energy psychotherapy, and through this understanding psychotherapy can be enhanced. People in need will be able to use a broad range of EP methods to add vitality, healing, and psycho-spiritual depth to their lives.

Michael Mayer, PhD, psychologist, integrative medical clinic co-founder, pioneered the integration of Qigong and psychotherapy. Author of twelve mind-body healing publications, including Energy Psychology, he presents his comprehensive EP approach at hospitals, universities and workshops.

Healing at the Frontiers of Human Experience: Evolving As Spiritual Human Beings
Our primary relationship with our Truer SELF is shaped by our earliest experiences, often compromised or damaged, leading to life-diminishing beliefs, patterns, and thirst for spiritual connection. Through lecture, demonstration, & experiential work utilizing EP techniques, learn to identify & heal our SELF relationship for quantum evolution.

Wendy Anne McCarty, PhD, RN, DCEP is a leader in the frontier to optimize human potential and relationships from the beginning of life. Author: Welcoming Consciousness, EFT for Mom, Baby, & Dad, and academic works. She is founding chair and faculty of the Pre- and Perinatal Psychology Program, Santa Barbara Graduate Institute.

Client Care & Facilitation Skills (Certification Training Component)
Upgrade your assessment and intervention skills to more confidently provide high quality services in a legal and ethical way, within your scope of expertise and training. Includes how to: 1) Select the right issue to treat; 2) Handle impasses; 3) Identify and treat trauma; 4) Utilize consultations; 5) Make referrals and more! This course is required for those in the CEHP Certification track, but is also open to anyone who has completed this course’s two home-study modules, including those who have not applied for Certification. See bio for David Gruder, PhD, DCEP, on page 7.

EFT Training: Basic Level
Learn how to use EFT to treat emotional problems stored in the body as blocked energetic patterns. Only one protocol is needed to desensitize negative emotions, allowing rapid transformation of damaging beliefs and behaviors. Gain an understanding of the history of mind/body healing approaches. Experience hands-on practice, applying EFT for stress, anger, fear, anxiety, trauma, compulsive urges, and more.

Gloria Arenson, LMFT is a Licensed Marriage and Family Therapist. She is the author of How to Stop Playing the Weighting Game, Born to Spend, Five Simple Steps to Emotional Healing, Freedom At Your Fingertips, and Procrastination Nation. She is past president of ACEP.

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Tapas Fleming, Lac is a licensed acupuncturist in California, has a private practice and travels worldwide to give TAT trainings. Her background includes thirty years of meditation and emotional release work. Since developing TAT in 1995, her trainings have been enthusiastically received.

YOUR FREE PASS
All FULL Conference Attendees Receive a Free Pass to the AFT Self-Transformation Course - A $200 Value

The Effects of twenty years of meditation in under twenty hours
The AFT self transformation course is a web based and self directed method to shift the functioning of the ego toward beginning levels of “enlightenment.” What we normally think of as the “Ego” is actually a series of self-sustaining energy fields the focus and limit awareness. AFT has identified forty such fields. The course consists of eighteen 45-50 minute sessions. During each session participants are instructed to focus on specific emotional thought patterns that tune into one of these forty fields. Simultaneously the meridian system is activated through sound waves from your computer speakers. The meridian activation permanently destabilizes these limiting energy fields. The result is a shift in consciousness toward greater peace.

Examples of these forty limiting energy fields include: the four fundamental limiting emotional reactions, interpreting the present based on the past, covert and overt blame, and familial resonance. You will receive your free pass at the conference.

For more information about the program go to www.acupuncture4themind.com.

For the most up-to-date information on each workshop, visit www.energypsych.org

Special Bonus: Free admittance to Thursday Evening Event when you attend any all day training on Thursday (a $30 value)
Healing the Heart of Pain: Transforming Suffering During the Aging Process

More than 50% of all individuals over the age of fifty will develop a chronic pain condition. Many more will suffer from pain during various other times of the life cycle. This workshop explores the current understanding, assessment, and emerging therapies for persistent and chronic pain problems. Topic areas include: heart intelligence and coherence as a path to relief; self-regulation of pain physical means; treating toxic emotions related to pain; treating the trauma of pain and the pain of trauma; special topics related to working with pain in older adults and geriatric patients; the brain in pain, the fearful and the mindful brain.

Maggie Phillips, PhD, DCEP has taught EP in the US, Europe, Scandinavia, South Africa, Australia, and Asia. She is a Diplomate in Comprehensive Energy Psychology and has written two related books, Reversing Chronic Pain (2007) and Finding the Energy to Heal (2000).

Treating the Autism Spectrum Disorders with EP

Learn to help children on the Autism Spectrum from ADD to Autism function better. This workshop teaches a new conceptual framework for the cause of these sensory, learning and behavioral problems. Based on this framework, Allergy Antidotes and Ask and Receive promote change.

Sandra Radomski, NJ, LCSW is Board Certified in social work and a naturopathic doctor. Her background includes teaching eight years in the medical school at the University of Wisconsin as Director of the Learning and Behavior Clinic. She is the creator of Allergy Antidotes.

What Do I Do Now? Confessions of a Seasoned Energy Psychology Clinician

You’ve taken the course, you have these fast new techniques, so why aren’t you getting a 100% success rate? Are there clients for whom you need to go slower than others? Is it possible to go too fast? Are there clients for whom these techniques don’t work? What am I doing wrong? Bring your questions, and your hardest clinical cases to this class. Learn when to apply the brakes and when to speed up the process plus specific strategies to work with clients for whom the simple algorithms aren’t enough.

Mary Sise, LCSW, DCEP, is a Licensed Clinical Social Worker, Diplomate in Energy Psychology, and past president of ACEP. Mary presents at conferences internationally, developed an 8 week online course on trauma and is co-author of the book The Energy of Belief.

Introducing Advanced Integrative Therapy

This workshop will begin with an introduction to 3-Step Transformation, which is the heart of all Advanced Integrative Therapy (AIT) treatment. We’ll look at AIT’s definition of trauma, what it is and what it does. And finally, we’ll move on to learning and practicing the protocols that use these tools for treating trauma. The goal of today’s workshop is to introduce the basic principles and methods of AIT to therapists, to give them the opportunity to observe and experience these methods through demonstrations and practice and to recognize the benefits of AIT treatment for integral healing.

Glenn B. Soberman, PhD is a licensed clinical psychologist, AIT teacher and ordained interfaith minister in private practice in New Paltz and Rhinebeck, New York and is a published author. His most recent book is entitled Letting Go: A Self-Help Manual for Emotional Well-Being.

Healing Past Life Trauma

Unresolved trauma from ancestral wounds or previous incarnations brings clients with mysterious phobias and symptoms unresponsive to traditional psychotherapies. Powerful and fast, this Soul Detective Energy Psychology Protocol clears past life trauma without hypnosis, going to the heart of the disturbance and reprogramming for health.

Barbara E. Stone, PhD, DCEP is an adjunct professor at Hocking College, bilingual psychotherapist, and author of Invisible Roots: How Healing Past Life Trauma Can Liberate Your Present (2008, Energy Psychology Press). An ACEP Certification Consultant and Trainer, Dr. Stone is also a musician, potter, gardener, and grandmother.

Transformation in Treatment: Discovering How Eastern Secrets of Self-Cultivation Can Inspire True Change

Enter a new world with Taoist master, Nan Lu, OMD. This day-long journey will help practitioners learn how to apply ancient Taoist secrets of going beyond the mind to perceive more clearly the root causes of health issues. The Taoist way of growing is through cultivating a profound understanding of the world as the outer reflection of the inner self.

Practitioners can develop the inner talent for true healing by helping their minds become more clear. It can be sharpened by going beyond symptoms to comprehend the spirit’s purpose behind conditions. In the Taoist principle of “As within, so without.” Master Lu invites you to harmonize your world ... change your life ... transform your patients!

Nan Lu, OMD is the founding director of the Traditional Chinese Medicine World Foundation and its sister organization, the American Taoist Healing Center. Classically and university trained, Dr. Lu is a New York State-licensed acupuncturist, a master herbalist, an internationally recognized Taiji expert and Qigong master, and a best-selling author of three TCM Books.

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ENERGY PSYCHOLOGY CERTIFICATION

The Association for Comprehensive Energy Psychology Certification Program

Monday through Wednesday, June 1 – 3

9:00AM – 5:30PM

21 Continuing Education credits. Fee required. Home study must be completed by June 1st.

ACEP offers this three day training program which sets the standard for certification in two certification tracks, one for licensed mental health professionals and one for all other practitioners.

Track 1: Diplomate, Comprehensive Energy Psychology (DCEP) for licensed mental health-care professionals.

Track 2: Certified Energy Health Practitioner (CEHP) for eligible allied professionals. (The Certification Training component offered on Thursday, May 28 is also required for CEHP Candidates.) We’ll cover muscle testing and establishing treatment readiness; identifying and treating specific issues; therapist intention and self-care; ethical, legal and regulatory considerations; and case management.

Three key reasons you should become certified now:

1. **Competence:** Develop or upgrade your EP skills to enjoy the confidence of knowing you have comprehensive, state-of-the-art expertise.

2. **Credibility:** Gain a huge edge by being able to market your EP skills in the most prestigious way possible – being certified by the world’s most credible EP certifying organization.

3. **Contribution:** Play a vital role in helping to establish an impeccable EP standard of care that will pave the way for EP becoming widely accepted and insurable.

Complete your Experiential Learning Component at the conference! Visit www.energypsych.org for program details.

David Gruder, PhD, DCEP See bio on page 7
The conference is organized into 9 tracks. There are four important points to remember: 1) You are NOT required to sign up for a specific track. You can still attend any workshop at the conference. 2) The purpose is to make the many options less overwhelming. 3) You can create a conference experience that is custom suited to your needs. 4) Each track has a number from 1 to 9. In the breakout descriptions you will find each workshop has a letter and a number (e.g. A3). The letter stands for the session, such as A is Friday AM, and the number stands for the track # (e.g. 3 stands for Specific Approaches). To view the tracks go to Conference at a Glance (p. 8-9).

All breakout sessions are eligible for Continuing Education credits for nurses, professional counselors, MFTs, social workers, and drug and alcohol counselors, and acupuncture and TCM practitioners unless otherwise noted.

For Psychologists: ACEP has applied to be an APA approved provider of CEUs. At this time we cannot guarantee that CEUs will be provided for psychologists. Come to our website www.energypsych.org to check on the status of CEUs for psychologists. Topics and presenters are subject to change.

SESSION A
FRIDAY MAY 29
10:30AM - 12:15PM

A1. Introduction to EFT: The Basics of Emotional Freedom Techniques
Free yourself from emotional and physical distress in this dynamic experiential workshop. Experience this effective modality often called, “an emotional version of acupuncture.” By gently tapping certain acupuncture points, emotional suffering is rapidly released allowing for greater healing and more emotional freedom.

Nancy L. Gnecco, MEd, LPC, ACEP Diplomate, EFT Master has extensive training in EP modalities. An international speaker and teacher, Nancy maintains a private clinical counseling practice in Kennebunk, ME in which she has used Emotional Freedom Techniques and other EP modalities for twelve years.

A2. Ten Reasons People in Pain Don’t Heal and How They Can
Explore ten common reasons people in persistent pain often don’t heal. Learn how the tenpoint Reversing Chronic Pain program can effectively address these barriers from a “bottom-up” as well as “top-down” perspective.

Maggie Phillips, PhD, DCEP (bio on page 5)

A3. The Identity Method
An overview of the Identity Method (IM), which uses unique visualization and tactile stimulation techniques to efficiently resolve trauma, controlling identities, relationship problems, and various psychological problems. This session provides a conceptual and experiential overview of IM and its applications.

Fred P. Gallo, PhD, DCEP (bio on page 4)

A4. Psychotherapy and Qigong: Partners in Healing
Qigong is one of the oldest forms of EP, yet is under-represented in the EP field. Participants will learn tools for combining Qigong and psychotherapy, as steps are taken towards showing how an integral EP can function in clinical practice.

Michael Mayer, PhD (bio on page 4)

A5. Awakening to ‘The Source’ Within
Awaken to ‘The Source’ Within and direct this Divine Intelligence into your career, relationships, and into your life! Experience a systematic series of Alchemical Healing Techniques to facilitate healing of consciousness for self and clients, activating the Whole Self by Awakening the Source Within.

Dana How, EdS, LPC, is a licensed counseling psychologist who maintains a private practice in Virginia Beach, VA. Dana combined science, spirituality, psychology, and her intuitive abilities to develop Alchemical Healing Techniques, which she teaches and utilizes in her practice.

A6. Forgive Yourself: Heal the Inner Critic
Nobody likes to make mistakes. Many people are hypercritical and have difficulty forgiving themselves. In this fascinating seminar, Dr. Swack leads participants in an amazingly simple forgiveness exercise that instantly quiets the inner critic, a major step toward self-acceptance, compassion, and inner peace.

Judith A. Swack, PhD, mind/body/spirit therapist/healer, is the developer of Healing from the Body Level Up (HBLU), a holistic psychotherapy system integrating biomedical science, psychology, NLP, EP, and original research. She has a private practice in Needham, MA.

A7. Compulsive Helping: The Silent, Sainted Addiction
Question: When does helping another become a problem? Answer: When the other’s needs and wants take repeated priority over our own self-care. This presentation will identify Compulsive Helping, its anxiety-based roots and how to create balance between self and other care.

Loretta Sparks, LMFT, DCEP is an author, educator and psychotherapist. She is president of the American Academy of Psychotherapists, a Diplomat of the ACEP, and a Certified Addiction Specialist (CAS). She has written two books on EFT and contributed to three others.

A8. Second Chance at Your Dream: Engaging Your Body’s Energy Resources for Optimal Aging
This fun-loving workshop is designed to help participants activate their Inner Artist and to recapture youthful adventurousness while maturing into full-energy living. Learning activities will include examining beliefs about personal creativity, accessing intuition, exploring effective energetic interventions, and transforming energy blockages.

Dorothy Hove-Kramer, EdD, DCEP is co-founder and past president of ACEP and has authored five textbooks about energy therapies, and a new book about creativity, health and optimal aging entitled Second Chance at Your Dream.

A9. Illness and Disease: Messages from Your Consciousness
Without an understanding of the true purpose of illness and disease, real healing is virtually impossible. Physical conditions are snapshots in time of frozen emotions. Because there is an imbalance between your physical and spiritual worlds, your consciousness uses the body to write its message. These physical conditions are merely messages of your consciousness, not life-threatening events. How can we recognize and cooperate with these powerful energetic communications for ultimate health?

Nan Lu (bio on page 5)

Lunch Special Presentation: Edible Ethical Dilemmas in Energy Psychology (1/2 hr CE)
Enjoy lunch while your table collectively unravels ethical dilemmas encountered in the practice of Energy Psychology. A panel of members from the Ethics Committee will further enrich the discussion to help you take home practical and helpful tips to ensure a better peace of mind in your daily work.

Maria Becker, MD, DCEP and Ethics Committee
B1. The Quintessentials of Muscle Testing
Learn the basics and refine key elements to successful muscle testing with hands-on training to help insure consistent and accurate results. Discover variables that affect reliability, learn effective communication skills and how to self-test with a unique stress release technique.
Arlene Nedd Green, BS is a leading instructor in the field of Kinesiology. She has trained thousands of people in muscle testing since 1981. She is Director of the US Kinesiology Training Institute of Chapel Hill, NC, and author of The Top Ten Pain releasers.

B2. EFT4Vets: Effectively Releasing PTSD Symptoms in Combat Veterans with Emotional Freedom Techniques
EFT4Vets is a four step program which enhances the practitioner’s ability to use EFT successfully and ethically with returning soldiers. Attendees will learn about special circumstances and needs of Veterans, strategies for building trust and rapport, cutting edge EFT applications and after care.
Ingrid Dinter, EFT ADV is an Interfaith Minister and EFT coach. The daughter of a veteran, she found her passion in helping combat veterans heal with EFT. Ingrid has used her experience in this field to develop unique training programs for EFT practitioners and veterans.

B3. Treating Triggers with AIT
Whenever you are conscious of becoming filled with a problematic emotion, you have been triggered by past trauma. In this session you will learn four types of triggers, three clues to being triggered and AIT’s three step transformation method to effectively resolve your triggers.
Glenn Soberman PhD (bio on page 5)

B4. An EP Approach to Cognitive Therapy
Combine energy techniques with a new approach to Cognitive Therapy. The brain matches the patterns of present day triggers with past traumatic memories, resulting in negative emotions and thoughts. EP can disconnect “pattern matching,” allowing clients to transform negative beliefs and eliminate harmful behaviors.
Gloria Arenson, MS, MST, DCEP is the author of How to Stop Playing the Weighting Game, Born to Spend, Five Simple Steps to Emotional Healing, Freedom At Your Fingertips, and Procrastination Nation. She is past president of ACEP.

B5. Healing the Healer Using Mindfulness Meditation
It is easier to care and heal others than ourselves. To clear our old traumas and keep our own energy systems humming is our greatest responsibility. Elevate your vibrational frequencies rapidly and simply, using mindfulness meditation, engaging consciousness and the wisdom of your body.
Dr. Becker, MD FRCP (C), a retired psychiatrist, has worked for over 25 years with youth and adults. Her model of intervention, awareness acceptance and transformation (AAT), uses a combination of EP and conventional psychology.

B6. Stop Treating the Endless Problems Parade: Facilitate Life Makeovers Instead
Many EP practitioners unintentionally adopt this conventional medical mind-set: “Got problems? Let’s treat them one by one.” Learn a new master plan for facilitating integrated wellness, life fulfillment and integrity as an alternative to treating the endless parade of problems/symptoms.
David Grunder, PhD, DCEP is an integrity development specialist who was the founding president of ACEP. An international speaker, trainer, and consultant, his latest multi-award-winning book is The New IQ: How Integrity Intelligence Serves You, Your Relationships and Our World.

B7. Appreciative Inquiry and the Power of Positive Intention
Appreciative inquiry, a new tool for energizing a practice, is a therapy model which is friendly with energy psychology and positive psychology. Its assumptions stimulate new solutions to therapeutic dilemmas, attractive for individual and couples therapy and for business coaching.
William Loveless, EdD is a professor in the Educational Support Department, Loma Linda University School of Dentistry, has affiliations in MFT, California private practice; is a clinical member, AAMFT; a diplomate, American Psychotherapy Association; and president and CEO, Loma Linda Education Foundation.

B8. Being Present with Death and Dying: Tibetan Buddhist Teachings on Transforming Suffering into Wisdom
Tibetan Buddhism regards dying as the most profound and beneficial experience. This workshop describes the connection between death, energy channels and consciousness, and offers a practical guide in transforming fear and anxiety into wisdom. Practical steps in helping the dying and their families are taught.
Founder of Integrative Wisdom Path, B. Raven Lee, PhD, DCEP is a Jungian psychotherapist, Tibetan Buddhist meditation instructor, and shaman healer with nearly thirty years of clinical experience. She integrates interpersonal neurobiology, clinical hypnotherapy, Reiki, energy and dreamwork into her private practice and presentations.

B9. Meridian-Based Therapy and the Stages of Change
This practical, thought provoking, often humorous workshop provides an overview of the Transtheoretical Model of Change with a meridian-based therapy (EFT). Participants will be introduced to this six stage model of change with emphasis placed on specific issues prevalent in each stage.
David Rourke, RSSW, CTS is Certified Trauma Specialist and EFT Master based in Ontario, Canada. He is the President of Addiction Studies Forum Inc. and has been working in the fields of addiction and trauma for over twenty-two years.

Special Afternoon Session: Moving through the Chakras
Turn on all your energy centers with a powerful series of simple movements to music that takes us on a dynamic journey up through our own chakras while simultaneously building a strong collective field at each level! Don’t miss this fun opportunity to be a part of raising the collective field of the entire conference!
Dylan Newcomb, BFA

By outlining the key concepts of energy anatomy and physiology, and showing their scientific basis, this workshop will enable you to understand how altered energy dynamics leads to disease, and how EP helps to create spiritual, psychological and physical health.
Eric (Rick) Leskowitz, MD, ABHM directs the Integrative Medicine Project at Spaulding Rehabilitation Hospital and is on the faculty at Harvard Medical School. He is currently producing a documentary film about science, spirituality and sports: The Joy of Sox: Weird Science and the Power of Intention.

C2. EP, Hypnotic Induction, and Integrating Trauma and Grief with Unexpected Death
Suicides, the unexpected death of a child or spouse, are shocking events which confound bereavement with the addition of a trauma response. This sensitive and illuminating presentation provides insight and methods to address deep grief and the associated trauma with an unexpected loss.
Elizabeth Wallmann-Filley PhD, CHt is an Alaska based therapist and consultant, providing education and healing from an eclectic perspective. Her background includes EP, Hypnosis, and Philosophy of Religion, with certification/training in IET, IEP, Reiki and Matrix Healing.

Session descriptions continue on page 10.
**CONFERENCE AT A GLANCE**

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<th>Thursday, May 28</th>
<th>Evening Keynote ~ 7:30 – 9:30PM ~ Beverly Rubik, PhD ~ Transforming Illness and Maximizing Well Being: The Role of Energy Psychology</th>
<th>Keynote by Maggie Phillips, PhD, DCEP</th>
<th>Special Populations</th>
<th>Late Morning Workshops</th>
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<td><strong>Session A</strong> FRIDAY MORNING WORKSHOPS</td>
<td>Introduction to EFT: The Basics of Emotional Freedom Techniques</td>
<td>Ten Reasons People in Pain Don’t Heal and How They Can</td>
<td>The Identity Method</td>
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<td><strong>Session B</strong> FRIDAY AFTERNOON WORKSHOPS</td>
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<td>Treating Triggers with AIT</td>
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<td><strong>Session D</strong> SATURDAY AFTERNOON WORKSHOPS</td>
<td>Healing Family and Intimate Relationship Traumas with TAT</td>
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<td><strong>Session F</strong> SUNDAY LATE MORNING WORKSHOPS</td>
<td>Fundamentals of Trauma Treatment for EP</td>
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<td>Choosing to Be Free: Guided Self Healing Identity Patterns and the Essence Process</td>
<td>Andrew H. Hahn, PsyD</td>
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<td><strong>Keynote</strong> 1:15 – 3:00PM ~ Lama Surya Das ~ Buddha Is as Buddha Does: Ten Original Practices for Enlightened Living</td>
<td>Closing Ceremony 3:00 – 3:30PM</td>
<td><strong>Session G</strong> SUNDAY LATE MORNING WORKSHOPS</td>
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<td>Embody Your Full Potential through Physical Movement with The 16 Ways</td>
<td>Dylan Newcomb, BSA</td>
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**Friday, May 29**

Morning Keynote ~ 8:00 – 10:00AM ~ Larry Dossey, MD ~ Thinking Unthinkable Things: Consciousness and the Sp

Lunch ~ 12:30 – 2:15PM ~ General Meeting ~ A Special Presentation: Edible Ethical Dilemmas in Energy Psychology

**Saturday, May 30**

Morning Keynote ~ 8:00 – 10:00AM ~ Jean Houston, PhD ~ So You Want to Change the World: Energy and Aptitude

**Sunday, May 31**

Early Morning Wake-up ~ 7:00 – 7:45AM ~ Donna Eden’s “Energy Vitamins” ~ A Five Minute Daily Routine ~ Sue Stewart-Palmisano
### Integrated Approaches to Energy Psychology
Integrates different EP approaches, as well as other therapeutic approaches.

**Spectrum of Healing**

- Awakening to ‘The Source’ Within
  - Dana How, EdS, LPC

- Forgive Yourself; Heal the Inner Critic
  - Judith A. Swack, PhD

- Compulsive Helping: The Silent, Sainted Addiction
  - Loretta Sparks, LMFT, DCEP

- Second Chance at Your Dream: Engaging Your Body’s Energy Resources for Optimal Aging
  - Dorothea Hover-Kramer, EdD, DCEP

- Illness and Disease: Messages from Your Consciousness
  - Nan Lu

#### Energy (1/2 hr CE)

- Healing the Healer Using Mindfulness Meditation
  - Dr. Becker, MD FRCP(C)

- Stop Treating the Endless Problems Parade: Facilitate Life Makeovers Instead
  - David Gruder, PhD, DCEP

- Appreciative Inquiry and the Power of Positive Intention
  - William Loveless, EdD

- Being Present with Death and Dying: Tibetan Buddhist Teachings on Transforming Suffering into Wisdom
  - B. Raven Lee, PhD, DCEP

- Meridian-Based Therapy and the Stages of Change
  - David Rourke, RSSW, CTS

### Integrating Theory Research & Practice
Integrating the findings of "science" & research with theory & clinical practice to create a solid framework for practice.

### Developing Your EP Business
The emphasis here is on providing tools to develop your business.

### Energy Psychology Through the Life Cycle
Focuses on using EP at different phases of life.

### Potpourri of EP
A mixture of great EP workshops.

### Include the Human Biofield (~ $30 (open to public) (Free with pre-conference registration))

**EFT for Addressing the Serious Issues in Practicing EP**

- Steve B. Reed, LPC, LMSW, LMFT, DCEP

- Larry Stoler, PhD, DCEP

- Flower Essences and EP: Vibrational Aids for Healing and Spiritual Development
  - Kristin Holthuis, MD

### How They Shape Our Existence (~ $30 (open to public))

**Mind Body Healing Qigong**

- Michael Mayer

### Hele for a Time of Whole System Transition

- Breaking through the “Incurable Disease Taboo” with EFT
  - Damaris Drewry, PhD

- Working with Multiple Levels of the Mind–Body–Energy System
  - Phil Mollon, PhD, DCEP

- Risk Management Tools and EFT for Addressing the Serious Legal Issues in Practicing EP
  - Midge Murphy, JD, PhD

- Quick REMAP Four-point Protocol for Traumatic Grief
  - Steve B. Reed, LPC, LMSW, LMFT, DCEP

- Larry Stoler, PhD, DCEP

- Flower Essences and EP: Vibrational Aids for Healing and Spiritual Development
  - Kristin Holthuis, MD

### Hidden Healing of PTSD: How Energy Psychology Changes the Brain — Dancing — $65

**EFT for Traumatic Grief**

- Patrica Thatcher, MSW

- Midge Murphy, JD, DCEP

- Flower Essences and EP: Vibrational Aids for Healing and Spiritual Development
  - Kristin Holthuis, MD

### Perspectives of Grace: Co-Creating Healing for Ourselves and Our World

- Lori A. Leyden, PhD, MBA

- Mary Sise, LCSW, DCEP

- Christine Finlay, LCSW, DCEP

- Betsy Bartter Muller, MBA, CEHP

### Dynamic Energetic Healing® with Couples

- Mary Hammond-Newman, MA, LPC, DCEP

- Howard L. Brockman, LCSW, DCEP

### Living

- Harnessing the Transformative Power of Grace: Co-Creating Healing for Ourselves and Our World
  - Lori A. Leyden, PhD, MBA

- Sexual Healing: Evolving Consciousness in Theory and Practice
  - Joyce A. Joseph, MSW, LICSW

- Create Conscious Abundance: Use BE SET FREE FAST to Open the Door!
  - Kit Furey, JD, CEHP

- Mary Hammond-Newman, MA, LPC

- Howard L. Brockman, LCSW, DCEP

- How to Identify and Resolve Dissociation for Clients with Trauma with Dynamic Energetic Healing
  - Howard L. Brockman, LCSW, DCEP

- Ask and Receive
  - Sandra Radomski, ND, LCSW

- Thomas D. Altaffer, LCSW MSW, LCSW

- Vann S. Joines, PhD

- Kim Stoler, PhD, DCEP

- Thomas D. Altaffer, LCSW MSW, LCSW

### sillnesses and EP: Vibrational Aids for Healing and Spiritual Development

- Kristin Holthuis, MD

### Auxiliary

- make the many options less overwhelming.
- You can create a conference experience that is custom suited to your needs.
- Some workshops fit more than one track.
C3. Expand Your Consciousness with shiftinNRG™: Transpersonal Integrated Energy Therapy for Change

Shifting your consciousness allows renewed energy to shower your physical, emotional and spiritual realms. shiftinNRG™ moves energy promoting consciousness expansion. In this unique opportunity, participants are introduced to the concept and experience of shiftinNRG™ — a powerful tool for change and transformation.

Rosa Granadillo-Schwentker, PhD, DTR is an international lecturer-facilitator and teaches at the Institute of Transpersonal Psychology and Center for Culture and Diversity. A member of ACEP, she directs shiftinNRG doing Integrated EP. Interests include Toltec, Caribbean, and Eastern Shamanism, Multicultural Expressive Arts, EP and medicine.


A psycho-energetic activity model at the mind-body interface is integrated into the EMDR protocol preparation phase to enhance patient stabilization and self-regulation. Energy fields and polarity are explained and demonstrated, and the relevance of compromized energy is generalized to mainstream psychology.

Sheila Sidney Bender, PhD, DCEP is a licensed psychologist and has published and lectured on EP and EMDR. She is co-author of Evolving Thought Field Therapy: A Clinicians Handbook and The Energy of Belief: Psychology’s Power Tools to Focus Intention and Release Blocking Belief.

C5. Breaking through the “Incurable Disease Taboo” with EFT

Learn how to identify elusive core issues underlying difficult physical, emotional and spiritual challenges including sleep apnea, lupus, asthma, childhood trauma, and impotence. Use what you discover ethically and confidently to facilitate immediate, integrative resolution.

Damaris Drewry, PhD has expertise in Shamanic Healing, Vibrational Medicine, Sound Healing, and EFT. In 1985 she built vibrational healing rooms at Canyon Ranch, synergistically using sound, color, aromatherapy, homeopathy and brainwave entrainment. She specializes in innovative resolution of difficult physical, emotional and spiritual issues.

C6. Working with Multiple Levels of the Mind-Body-Energy System

A clinically-rich outline and demonstration of how to work with multiple levels of the mind-body-energy system — addressing the deeper templates, below the meridians, chakras, and psyche. The ethics of deep change are considered.

Phil Mollon, PhD, DCEP is a clinical psychologist and psychoanalyst, and a well-known teacher of EP methods in the UK. His concern is to integrate psychodynamics and EP. The author of ten books, his most recent is Psychoanalytic Energy Psychotherapy.

C7. Risk Management Tools and EFT for Addressing the Serious Legal Issues in Practicing EP

This lively, interactive workshop is designed to assist participants in understanding the serious legal risks inherent in EP, identifying important risk management tools, and using EFT to reduce resistance to addressing legal issues. Bring your questions and concerns.

Midge Murphy, JD, PhD is the first attorney to receive her PhD in energy medicine, combining her unique talents to provide services as a professional liability risk management consultant specializing in ethics and legal issues in the practice of and training in energy therapies.

C8. Quick REMAP Four-point Protocol for Traumatic Grief

Quick REMAP provides simple protocols with powerful new treatment points that have been studied at Harvard Medical School and Yale School of Medicine. Early experiments produced 75-88 percent reductions in emotional distress within minutes. Learn how to apply Quick REMAP to traumatic grief.

Steve B. Reed, LPC, LMSSW, LMFT, DCEP has been working in the field of social work and psychotherapy for over thirty years. Steve is the developer of the REMAP process and Quick REMAP, EP methods that break new ground within this evolving paradigm.


Becoming a master healer involves more than following EP treatment protocols. It involves a process of self-attunement that prepares you to be open, a ready conduit for healing. In this interactive workshop, we’ll use Chakra and Traditional Chinese Medicine five-element models to provide a framework for your self-development as an expert EP practitioner. We’ll emphasize the importance of staying grounded, keeping your heart open, and accessing the intelligence and guidance from the infinite.

Larry Stoler, PhD, DCEP is the immediate past president of ACEP. A leader in the field of EP and integrative medicine, he is an avid student of healers and healing. An engaging teacher, he empowers people to see the Big Picture of EP.

WHAT THEY’RE SAYING ABOUT ENERGY PSYCHOLOGY

“The techniques of Energy Psychology have provided me with invaluable tools for working with trauma. No therapist can afford to remain ignorant of this new and exciting field.”

— Nathaniel Branden, PhD
Author of The Six Pillars of Self-Esteem
D5. Higher States – A Collaborative Therapy
Imagine having a psychic with full knowledge of your client’s history and limiting beliefs. Imagine that this person can access and direct energy for the client. Higher States Therapy gives you access to this genie and shows you how to achieve meaningful change.

Thomas D. Altaffer, MSW, LCSW, a licensed clinical social worker, has extensive training in child and family therapies and Neuro-linguistic Programming. He has been treating families, couples and children since 1985. He has been a consultant to state agencies for disabled children and adults.

D6. If I Create My Own Reality Why Are You Still Here? Relationships as Mirrors
Ever wonder why you free yourself from one dysfunctional relationship only to attract the same thing in a different person? This workshop will explore the concept of relationships as mirrors of your beliefs, and delineate a four step approach to free yourself from this pattern.

Mary Sise, LCSW, DCEP (bio on page 5)

D7. Creating, Marketing and Presenting a Dynamic Workshop from A to Z
In this dynamic workshop the participants will learn the ins and outs of producing a successful workshop including creating the topic, finding the venue, constructing a marketing strategy, developing the paperwork, final day preparations, delivery and follow up.

Patricia Thatcher, MSW, has over twenty years experience specializing in mind/body methods, including the Taps’ Acupressure Technique, Thought Field Therapy, EMDR, the REMAP Process and hypnosis. She has successfully produced, presented and sponsored over forty workshops in the past ten years.

D8. Quantum Family Healing: Help Yourself and Child Heal at Any Age
Baby’s experiences during pregnancy, birth, and infancy set in motion powerful life patterns. Parents often realize early events contributed to challenges their children now have, yet feel powerless to help. Participants experience the Quantum Family Healing Process to transform the past and support change now.

Wendy Anne McCarty, PhD, RN, DCEP (bio on page 5)

D9. Flower Essences and EP: Vibrational Aids for Healing and Spiritual Development
This workshop offers an introduction to the philosophy and practical use of flower essences, which are easily combined with EP, facilitating therapeutic processes, crisis intervention and spiritual development. Different systems and new forms of applications will be shared.

Kristin Holthuis, MD is a Dutch family physician who works in Costa Rica. She combines flower essences and EP to enhance consciousness, health and self-care in her patients. She has inspired many others in her country through her workshops of flower essences and EFT.

E1. The Energetic Paradigm: Foundations of (Psychoenergetic) Healing
We will provide a conceptual basis for energy-based healing in general and Psychoenergetic Healing in particular, based on metaphysical principles. This understanding will allow us to become better healers, work effectively on the “higher planes,” and speak with clarity and confidence about our work.

Martin Luthke, PhD, DCEP is a clinical psychologist and Diplomate in Comprehensive EP. A psychologist for twenty five years, he is the director of the Institute of Psychoenergetic Healing. Martin is the (co-)author of eight books and numerous other publications and a frequent presenter.

Linda Stein-Luthke is a metaphysical counselor, medical intuitive, astrologer, teacher, and healer. She has channeled Ascended Masters for over twenty years, resulting in six books and numerous other publications, as well as the development of an advanced energy-based healing method, Psychoenergetic Healing.

E2. Teach Your Client How to Reduce, Eliminate and Prevent Headaches
Your clients will be impressed when you teach them to eliminate their own chronic headaches. Using Donna Eden’s Energy Medicine and Touch 4 Health, this workshop will demonstrate how to reduce, eliminate and prevent a variety of headaches: tension, sinus, and migraines.

Linda S. Geronilla, Ph.D, DCEP is an Assistant Professor in Counseling and a clinical instructor in the integrative medicine program at Marshall University Medical School.

E3. Discover Zensight: Easy Energy Healing and Personal Transformation
Zensight combines aspects of EMDR, BSFF, and Energy Medicine into one simple yet profoundly relaxing healing modality. Learn to harness the natural healing abilities of the subconscious mind. You will leave this presentation ready to begin using Zensight for yourself and with your clients.

Carol Ann Rowland, MSW, RSW is a private therapist, trauma specialist, member of ACEP and the International Society for the Study of Trauma and Dissociation (ISSTD), and the creator of Zensight. www.ZensightProcess.com.

E4. The Role of Bioenergetic Displacement in PSTD, Anxiety and Dissociative Disorders
This innovative unified model explains the underlying causes for panic, anxiety and PTSD in terms of energetic structural displacement, and how various symptoms manifest during attacks. Proved effective at treating an entire range of symptoms, it will enhance efficacy of the existing EP systems.

Yuliya L Cohen, ERT is a trained energy healer, medical intuitive, EP therapists and researcher. Formerly an engineer and computer scientist, she is the founder of the Energy Restructuring Institute, creator of the innovative Energy Restructuring℠ System and author of “Energetic Boundaries: Healing Without Effort.” Member ACEP.

E5. Harnessing the Transformative Power of Grace: Co-Creating Healing for Ourselves and Our World
Join us in an experience of co-creating Grace and healing for ourselves and our world. The Grace Process expands readiness for applying EP techniques and opening to higher vibrational healing energies. Learn how these practices were applied with trauma survivors in Rwanda.

Lori A. Leyden, PhD, MBA is a private psychotherapist currently facilitating healing with The Grace Process. She is the author of The Stress Management Handbook: Strategies for Health and Inner Peace and president of TGP, International, dedicated to trauma healing for genocide survivors.

In sex therapy few are “energetically aware” and use non-touch energetic pathways for healing. We must move beyond traditional medicine and esoteric Tantric beliefs by synthesizing the best of both into an evolving paradigm with a non-touch energetic practice for sex therapy.

Joyce A. Joseph, MSW, LICSW, Board Certified Sex Therapist & Diplomate - American Board Of Sexology, an empath “Jameela.” Joyce uses a holistic EP approach, combining eastern technology with western psychology. A DC sex therapist for over a decade, she now practices in MA and Maui. HI. www.sextherapistonline.com

Special Afternoon Session 4:30-5:15
Experience first hand, lesson number one of the AFT Acupuncture4themind course. See the box on page 4 for more details.

Kurt Ebert, PhD (The Developer of AFT) and Robert Schwarz, PsyD, DCEP (the Executive Director of ACEP)

**BREAKOUT SESSIONS**

**SESSION E**
**SUNDAY MAY 31**
**8:00AM - 9:45AM**

E1. The Energetic Paradigm: Foundations of (Psychoenergetic) Healing

We will provide a conceptual basis for energy-based healing in general and Psychoenergetic Healing in particular, based on metaphysical principles. This understanding will allow us to become better healers, work effectively on the “higher planes,” and speak with clarity and confidence about our work.

Martin Luthke, PhD, DCEP is a clinical psychologist and Diplomate in Comprehensive EP. A psychologist for twenty five years, he is the director of the Institute of Psychoenergetic Healing. Martin is the (co-)author of eight books and numerous other publications and a frequent presenter.

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**Session descriptions continue on page 12.**
E7. Create Conscious Abundance: Use BE SET FREE FAST to Open the Door!
Create abundance in your life now. You deserve it. Now learn to eliminate subconscious programming that gets in your way. Use BSFF to eliminate all resistance. You don’t even need to know what’s been stopping you from already having abundance!
Kit Furey, JD, CEPH, helps people create rapid, lasting change and transform fatigue, stress and fear into vitality, strength and joy. Kit works one-on-one and offers workshops focusing on personal and professional empowerment, relationships, health and well-being, and spirituality.
Alfred Heath, MA, LPC provides BSFF and TAT phone coaching worldwide to individuals and couples, and conducts live BSFF and TAT training and coaching in the UK.

E8. Creating a Toolbox of Energy Techniques for Children
Are you wondering how to effectively engage children in energy work? This fun and playful workshop presents the problems facing our sensitive children and then teaches effective energy exercises and techniques which will build a toolbox of skills and resources for working successfully with children.
Jan Yordy, MEd, MSW is a passionate educator and therapist and works with children and their families to bring healing and wholeness. With a MEd and MSW she artfully combines elements of EP, EMDR and Brain Gym in her work. She has created a wealth of innovative energy resources.

E9. How to Identify and Resolve Dissociation for Clients with Trauma with Dynamic Energetic Healing
Dr. Brockman has discovered that many clients who have experienced trauma are habitually dissociated, resulting in compromised relationships and chronic physical symptoms. Now you can learn to use his protocol to first assess your client’s degree of dissociation, then restore full embodiment.
Howard L. Brockman, LCSW, DCEP is Director of Dynamic Energetic Healing International in Salem, OR. His training program draws people from all over the United States. Howard’s award-winning book is a consistent seller on Amazon.com and in the United Kingdom. He maintains a private practice.

F1. Fundamentals of Trauma Treatment for EP
One very exciting aspect of EP is its potential for clearing trauma, dissociation and PTSD. Once the current standard-of-care model of trauma treatment is understood, it is easy to integrate virtually any form of EP into the treatment to enhance its effectiveness.
Lynn Karjala, PhD, DCEP, EFT-ADV, specializes in trauma treatment. She is trained in hypnosis, AIT, EFT, TAT, and BSFF and has published two books. Before becoming a clinician, she taught graduate/undergraduate courses on life-span development and the psychology of death and dying.

F2. The Mental Game for Athletes: EFT and EP Applied in Sports
In this workshop Greg will describe successfully working with athletes using EFT & EP methods. Participants will learn about the huge opportunity to take pressure off coaches and help athletes learn actual methods that work for mangiing their mental game.
Greg Warburton, MS, LPC, a sport psychology consultant, helped OSU win 2006 & 2007 baseball championships: one player tapping on national TV and one player pitching for the New York Mets. Greg uses EFT & EP to be a top weight lifter at his athletic club.

F3. Choosing to Be Free: Guided Self Healing Identity Patterns and the Essence Process
Traumatic shock can lead to a real or perceived sense of annihilation and a consequent unconscious choice to cover over who we truly are with an obscuring identity. Learn how to bring our awareness to these critical limiting choices, choose differently, and be more authentic.
Andrew H. Hahn, PsyD is a licensed psychologist and founder of the Guided Self Healing Training Institute. He is an international teacher, speaker and consultant on GSH and the Enneagram. He has an active private practice in Lexington, MA.

F4. Embody Your Full Potential through Physical Movement with ‘The 16 Ways’
The 16 Ways is a new system of simple, fun physical movements that quickly cut to the core of any issue and balance it through the whole body. Especially easy to combine with your existing skills, The 16 Ways is EP on the move!
Dylan Newcomb, BSA is a movement teacher, personal coach, researcher, and creative artist. Dylan’s eight year research into the deeper nature of movement birthed a powerful, fresh understanding of the physical body’s role in the human energy system. Dylan teaches this work internationally and conducts on-going research.

F5. Past Life Soul Retrieval
Severe emotional upset during the death process may prevent a spirit from crossing into the Light. Dr. Stone’s Past Life Trauma Protocol finds these parts which have been fragmented from the soul essence, desensitizes the trauma with EP, and retrieves their lost energy.
Barbara E. Stone, PhD, DCEP (bio on page 5)

F6. How to Diagnose and Treat Boundary Issues
Many of us are not aware of how many weak or missing boundaries we all have. This workshop will provide practice in diagnosing boundary issues and a Protocol from Advanced Integrative Therapy (formerly Seemorg Matrix Work) to treat weak or missing boundaries.
Vann S. Joines, PhD is a Licensed Clinical Psychologist and director of the Southeast Institute for Group and Family Therapy, Chapel Hill, NC; certified EDXTM practitioner and instructor; certified AIT practitioner, trainer, and teacher; and co-author of TA Today and Personality Adaptations.

F7. Be the Light – Spread the Word: Reaching Wider Audiences with EP
Are you deliberately reaching the masses? Practical cost-effective outreach is easier than you think. Develop a customized plan for spreading your message about EP: visuals, words, print, newsletters, recordings, ads, blogs, networking, PR/media and more! Plus a powerful group energy clearing for communication.
Betsy Bartter Muller, MBA, CEPH is a holistic coach, Certified Energy Health Practitioner, speaker, and writer based in northeast Ohio. Her company offers life and business coaching, workplace programs and networking events. Ms. Muller holds MBA in Systems Management and has over twenty seven years of corporate business experience.

F8. Dynamic Energetic Healing® with Couples
Healing difficult relationships is possible with ease and grace by blending the best of traditional couples therapy with the best of EP. Address resistance, conflict, and ancestral and karmic connections that block joy for couples.
Mary Hammond-Newman, MA, LPC, DCEP has explored the frontiers of EP for a dozen years. She brings academic wisdom and intuitive connection to her depth in EP. She co-developed of Dynamic Energetic Healing® and brings clear information and humor to her presentations.

F9. Ask and Receive
Who do you think you are, asking for that?! You are an unlimited eternal being who needs to ask for more. This class teaches a simple Ask & Receive procedure and how to receive whatever you can imagine: physical, perceptual, emotional, or social.
Sandra Radomski, ND, LCSW (bio on page 5)
Thomas D Altaffer, LCSW MSW, LCSW, a licensed clinical social worker, has extensive training in child and family therapies and Neuro-linguistic Programming. He has been treating families, couples and children since 1985.
1. Main Conference Registration (May 28 – 30) Please check one category
Registrations must be postmarked, faxed or registered by dates indicated, without exception, to receive discounted rates. Pre-registration cannot be accepted after May 15th. All registrations received after 5pm Eastern Time on May 15th will be processed as on-site registration at the on-site rate.

2. Pre-Conference Workshops (Thursday, May 28) 6 CE credits

3. Audio Set of Entire Conference

4. Post-Conference Events

5. Special Events

6. Registration Fees Total & Payment Information

7. Please Indicate Any Special Needs

8. Cancellation/Refund Policy

Register Online at www.energypsych.org • On-line registration is strongly encouraged.
Mail or Fax registrations to ACEP Business Office, 349 W Lancaster Ave. Suite 101, Haverford, PA 19041-1500, USA Phone: 619-861-2237 • Fax: 1-848-418-1019 • Questions via E-Mail: acep@energypsych.org
Once your conference registration form is received and processed, you will receive a confirmation letter by US mail or by e-mail if e-mail address is provided. Please allow 3 weeks for processing.
JOIN NOW! ACEP MEMBERSHIP APPLICATION

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Energy Psychology Modalities Currently Practiced: ___________________________

☐ I agree to abide by the ACEP Code of Ethics.

Signature: ___________________________

☐ Yes ☐ No I would like the above information to be made available on the ACEP website membership directory.

☐ Yes ☐ No I would like to be on the ACEP email list to receive the latest information about EP.

2009 Dues

☐ Regular Member: Licensed mental health professionals or the international equivalent engaged in the treatment of emotional distress by employing methods of energy psychology or allied helping professionals engaged in facilitating personal, relationship or leadership development or peak performance through employing methods of energy psychology. (US $95/yr.)

☐ Associate Member: Those (a) persons employed by educational institutions or governmental agencies whose career direction is not primarily that of practicing energy psychology methods; (b) individuals formerly holding regular membership who no longer qualify for such membership; (c) persons representing a firm or corporation engaged in selling products or services to members of ACEP; or (d) any person with a demonstrated commitment to supporting the goals of ACEP and who does not qualify for regular membership. (US $95/yr.)

☐ International 1 Member: Rates are for residents of the following countries: Australia, Canada, European Union, Japan, Hong Kong, Singapore, South Africa (US$76/yr.)

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☐ ACEP’s Highest Priorities ☐ Humanitarian Aid ☐ Research

Become Active in ACEP!

Our organization depends in large part on the support of volunteers inspired by our vision and goals. Membership on an ACEP Committee is a great way to make new friends and build professional alliances. Please check your preferences:

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Applicants from outside the United States must use a credit card.

JOIN NOW!
Joining ACEP will advance your career and benefit you personally. Join us and be part of this fast growing movement that is changing peoples’ lives around the world. Energy Psychology is for everyone, so, of course, ACEP welcomes you.

ACEP: The Home for Energy Psychology
The Association for Comprehensive Energy Psychology is a nonprofit organization with a global mission. ACEP promotes research and training in Comprehensive Energy Psychology and provides education for professionals and the public. ACEP supports humanitarian relief efforts to reduce the impact of trauma. Its members include mental health and other health care practitioners as well as educators, business coaches and laypeople.

Our Mission and Objectives
ACEP is dedicated to the research, education and promotion of Energy Psychology to establish its credibility and effectiveness among all health-related professions. We work toward achieving this mission by:

• Serving as a central resource by providing the latest developments in research and groundbreaking discoveries through our website, newsletter and conferences.

• Sponsoring regional and international conferences about Energy Psychology to help expand awareness of this field among healing professionals and the lay community.

• Providing Continuing Education credits for licensed professionals.

• Conducting and/or financially sponsoring research that documents the validity and efficacy of these methods.

• Identifying and overseeing standards of care and ethical guidelines for professionals who incorporate Energy Psychology modalities in their work.

• Fostering the development and implementation of a competency-based program of study leading to credentialing in Energy Psychology and a program for maintaining credentials.

• Supporting the dissemination of these methods among under-served populations worldwide through our Humanitarian Committee.

ACEP Member Benefits

☐ $50 discount on ACEP’s International Conference tuition, plus additional discounts on other events

☐ Certification in Energy Psychology

☐ Opportunity to present breakout sessions and workshops at our conferences

☐ Free teleconferences

☐ Access to research information in the field of Energy Psychology via our website

☐ Access to financial support for your research or humanitarian project in the field of Energy Psychology

☐ Posting of your Energy Psychology related workshops and events on our website

For further information:

Phone: 619-861-ACEP (2237) Fax: 1-484-418-1019
Website: www.energypsych.org E-Mail: acep@energypsych.org
Continuing Education Credits
Up to 44 Hours Available
CE credit is available for:
• Florida Psychologists* • Professional Counselors
• Nurses & MFTs • Drug & Alcohol Counselors
• Social Workers • Acupuncture & TCM Practitioners

ACEP is a nationally approved provider for: the Association of Social Work Boards (ASWB, 1048), the National Board of Certified Counselors (NBCC, 5868), Acupuncturists and Practitioners of Oriental Medicine through the National Certification Commission for Acupuncture and Oriental Medicine provider (#ACHB 727), and the National Association of Alcohol and Drug Abuse Counselors (NAADAC, 368). Check the ACEP website for the most up-to-date info: www.energypsych.org.

ACEP is an approved provider of continuing education (PCE3536) for the California Board of Behavioral Sciences (BBS) for California MFTs and LCSWs. Presentations designated for CE meet the qualifications for CE credit for MFTs and LCSWs as required by the BBS.

ACEP is an approved provider for the California Board of Registered Nursing (Provider # 14626).

ACEP is a Florida approved CE provider for the Florida Board of Nursing (CE Provider # 20-215146), Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (CE Provider # 50-10765), Florida Board of Acupuncture (CE Provider # 50-10765).

*Florida Psychologists: According to regulation 64B19.13.003 (1)(i) “Continuing psychological education credit will be granted for Florida Psychologists for CE courses approved by any Board within the Division of Medical Quality Assurance of the Department of Health, provided that such courses enhance the psychological skills and/or psychological knowledge of the licensee.” This conference meets this requirement. (See CE Provider # 50-10765 above.)

Psychologists: ACEP has applied to become a CE Provider of the American Psychological Association. At the time of publication of this brochure, we have not heard the final results. At this time, we cannot guarantee that we will be able to provide CE credits for psychologists. Updates on this information will be posted on our website: www.energypsych.org. We anticipate knowing by April 1.

For more information regarding CE eligibility, contact Carole Stern at: education_director@energypsych.org.

Conference Bookstore & Exhibits
• Explore an extensive selection of books and tapes related to Energy Psychology available for sale.
• Discover a wide range of products and services targeted toward Energy Psychology practitioners.

We are offering a full set of MP3 recordings of the conference at an incredible price of $199. You will be able to download or stream these high quality digital recordings from our new web learning center anytime you wish. A full CD set is also available for $219, which includes shipping and handling.

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Main Conference Tuition includes:
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Group Discounts
For Main Conference Registration Only
10% discount for groups of three to four, 15% discount for groups of five or more. To receive your group discount code call or E-mail PRIOR TO submitting registrations. Call 619-861-2237. Email to acep@energypsych.org

Attention Students
Special discounts are offered for full time college or graduate students with official identification and one year free ACEP membership is included with your conference registration.

HOTEL INFO
Florida Hotel and Conference Center
1500 Sand Lake Road, Orlando, Florida 32809
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Welcome to the “Friendliest Hotel in Orlando!”
The Florida Hotel offers an unmatched blend of luxurious comfort and world class service. Connected to the Florida Mall, the hotel is minutes away from the airport, Disney World, and Universal Studios.
The hotel boasts a heated pool and spa; refrigerators and a 32” wall mounted, flat panel TV in each room; two restaurants and a Starbucks coffee shop. The hotel is also doing its part to help the environment by being certified as a Florida Green hotel.
If you are driving, there is ample free parking. If you are flying, there is no need to rent a car. The Florida hotel is a short fifteen minutes from the Orlando airport. The weather in Orlando in May is fantastic with highs around 87° and lows in the high 60s.
A block of rooms is available $119 Single or Double. There is an $11 per day service charge that gives you unlimited high speed internet, free transportation to and from Disney World, and two bottles of water. We expect to sell out. We strongly advise you to book your rooms as soon as possible.
ACEP is researching discount tickets to Disney World and/or Universal Theme Parks. Check the website for updated information.

Book your flight early.
Great rates are available.
What is Energy Psychology (EP)?
Based on an integration of quantum physics, psychology, Eastern medicine, and spirituality, EP posits that psychological problems are a reflection of disturbed bio-energetic patterns. EP methods help clients learn tools to directly influence these patterns. Clients learn skills to self-regulate, rapidly reducing symptoms of stress, anxiety, anger, trauma, guilt, shame and depression. The mind-body connection involves a two-way communication system modulated by the energy pathways and centers of the body. EP utilizes these energy pathways while working with disturbances in thought and emotion to more rapidly and thoroughly effect change.
EP provides tools to quickly assess unconscious beliefs and resistances, release limiting beliefs and blocked emotions, promote readiness to change and strengthen positive attitudes.

What will this conference do for you?
You will:

1) Learn powerful tools to improve the functioning and well-being of your clients.
2) Reduce or eliminate dependency on low fee managed care contracts.
3) Develop a specialty niche in the $57 billion complementary and alternative health care market.
4) Initiate and deepen your skills in cutting edge methods for change.
5) Renew and reinvigorate your own energy and balance.
6) Initiate, strengthen and master practices that integrate mind, heart, body and spirit.
7) Network and strengthen relationships with like-minded professionals.