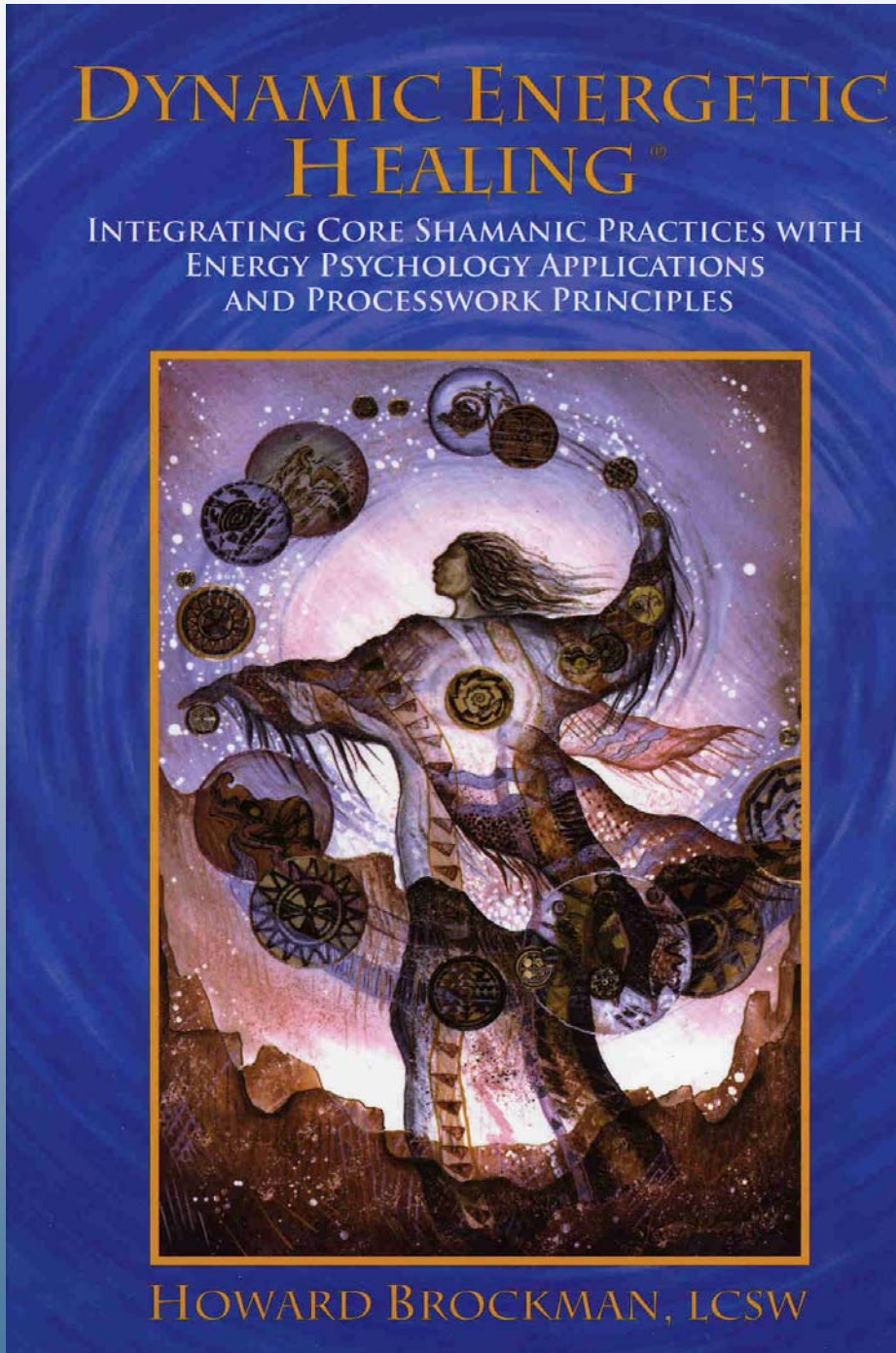


Press Kit 2006

Dynamic Energetic Healing®:

Integrating Core Shamanic Practices with Energy Psychology Applications and Processwork Principles



Authored by:
Howard Brockman
MA, MSW, LCSW

Published Feb 2006
Columbia Press, LLC

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PointMan Consulting, LLC

PRICE: \$27.95
ISBN 10: 0-9766469-3-5,
ISBN 13: 978-0-9766469-3-8

"This book contains powerful healing!"

– Sandra Ingerman, author of *Soul Retrieval and Medicine for the Earth*

"DEH® helps to bridge the gap between Eastern & Western medicine..."

– Alberto Villoldo, Ph.D., author of *Shaman, Healer, Sage*



Publisher's Sheet...

Title: *Dynamic Energetic Healing®: Integrating Core Shamanic Practices with Energy Psychology Applications and Processwork Principles*

Author: Howard Brockman MA, MSW, LCSW

Publisher: Columbia Press, LLC

Publication Date: February 2006

BISAC Subject Category Codes: Psychology **PSY028000**, Body-Mind-Spirit **OCC011010**, Self-Help **SEL000000**

Synopsis: Howard Brockman introduces a new psychotherapy model that creatively integrates ancient spiritual healing practices with modern psychotherapy. Dynamic Energetic Healing® is an energy-based psychotherapy model combining energy psychology, core shamanism, and process-oriented psychology. The model assists readers to release and eliminate trauma caused by unidentified sources of anxiety, depression and relationship difficulties. Brockman's book explains the Dynamic Energetic Healing® model and its practical applications, along with seventeen in-depth case studies that illustrate the model's successful implementation.

SAN number: 256-4599

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Hardcover ISBN 10: 0-9766469-3-5

Hardcover ISBN 13: 978-0-9766469-3-8

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eBook ISBN 10: 0-9766469-1-9

eBook ISBN 13: 978-0-9766469-1-4

eBook Price: \$19.95

Pages: 496

Contains: 11 illustrations and 17 case studies, extensive appendices, and comprehensive index

Target audience: Mental health professionals (i.e., social workers, licensed professional counselors, marriage and family counselors, psychologists, psychiatrists); healthcare professionals (i.e., nurses, naturopaths, osteopaths); alternative health care providers such as Reiki energy healers and shamanic practitioners. Also appropriate for anyone with an interest in psychology, energy psychology, process-oriented psychology and shamanism.

Distributor(s): Available through Baker & Taylor, New Leaf Distributing, Partners West Book Distribution Inc. Also available at Amazon.com, Booksamillion.com, AbeBooks.com, and Powells.com.

About the Author: Howard Brockman is a diplomate in clinical social work and has over 25 years of clinical experience as a psychotherapist in private practice where he resides in Salem, Oregon. Howard is a contributing author to Fred Gallo's book, *Energy Psychology in Psychotherapy: A Comprehensive Source Book*, published by W. W. Norton & Company (September, 2002), and a founding member of The Pacific Northwest Center for Energetic Healing. Howard presents his work at national and international conferences including the annual International Conference on Comprehensive Energy Psychology and the annual Conference for the Society of Shamanic Practitioners.

Howard has a master's degree in Social Ethics/Religious Studies from the University of Southern California and a master's degree in Social Work from Portland State University. He also has 20 years experience in Kundalini Yoga and meditation practices. With extensive training in process-oriented psychology, core shamanism (since 1981) and energy psychology, Howard has created a unique synthesis of psychospiritual healing methods that awaken the power of applied human consciousness. These methods come together powerfully in Dynamic Energetic Healing®.

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227 Word Synopsis...

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Synopsis:

In *Dynamic Energetic Healing®* (Columbia Press, Feb 2006), Oregonian author Howard Brockman, provides a non-traditional alternative for the millions of Americans frustrated with the over-prescription of anti-depressants and countless hours of talk therapy by combining contemporary psychology with ancient spiritual wisdom.

Dynamic Energetic Healing® is a unique energy-based psychotherapy model that blends energy psychology, core shamanism, and process-oriented psychology to release and eliminate trauma as well as any associated symptoms.

Brockman's healing model has proven successful in addressing depression, addictions, compulsive overeating, PTSD, anxiety, panic attacks, and other emotional disorders.

The book explains the *Dynamic Energetic Healing®* model and its practical applications, along with seventeen in-depth case studies that illustrate the model's successful implementation.

Howard Brockman has more than 25 years of clinical experience as a psychotherapist in private practice in Salem, Oregon and is a contributing author to Fred Gallo's book, *Energy Psychology in Psychotherapy: A Comprehensive Source Book*, published by W. W. Norton & Company (September, 2002). Howard presents his work at national and international conferences including the annual International Conference on Comprehensive Energy Psychology and the annual Conference for the Society of Shamanic Practitioners.

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Endorsements...

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Endorsements: (as of 1.13.06)

"In his Dynamic Energetic Healing theory and methods, Howard Brockman creatively bridges shamanism and body oriented psychological healing practices to create new methods to heal trauma and help integrate body, mind, and spirit. This book is easily read and very practical for both therapists and clients."

- **Arnold Mindell, Ph.D., author of *The Quantum Mind and Healing: How to Listen and Respond to Your Body's Symptoms.***

"The world of psychotherapy is in constant flux. Howard Brockman has brought a novel perspective to this field. His theoretical description demonstrates a deep knowledge of several healing traditions from various parts of the globe."

- **Stanley Krippner, Ph.D., co-author of *Extraordinary Dreams and How to Work with Them***

"Dynamic Energetic Healing® helps to bridge the gap between Eastern and Western medicine, offering us new ways to approach client work and our common goal of planetary healing."

- **Alberto Villoldo, Ph.D., author of *Shaman, Healer, Sage***

"Howard Brockman provides a wealth of information, creatively synthesizing ancient spiritual healing practices with modern psychotherapy to create a holistic approach to healing. This book contains powerful healing!"

- **Sandra Ingerman, MA, author of *Soul Retrieval and Medicine for the Earth***

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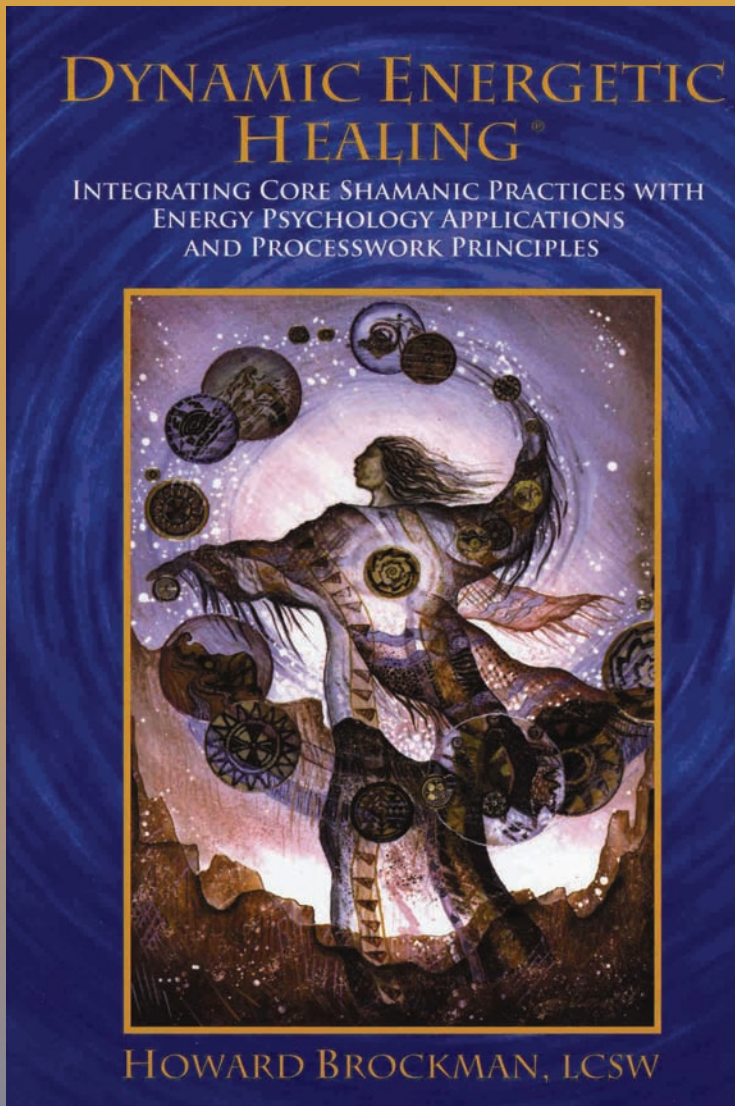
online: www.DynamicEnergeticHealing.com

27 Reader Benefits of Dynamic Energetic Healing® *by Howard Brockman*

1. Learn a variety of easy-to-use energy psychology strategies for stress management.
2. Discover the key for living an intentional life.
3. Receive a new understanding of the complexity of PTSD within the context of Dynamic Energetic Healing®.
4. Establish protective "energetic boundaries" with the most problematic people you know.
5. Learn how manual muscle testing provides a direct pipeline to your soul.
6. Permanently release the persistent and residual effects of trauma.
7. Find out how "soul loss" is one of the most serious consequences of trauma.
8. Read about how past lives have been empirically validated.
9. Uncover what is necessary for a paradigm shift to experience "other realities".
10. Discover "dreamtime" and why it is so crucial to integrate into the psychotherapy context.
11. Learn about shamanic healing practices.
12. Learn to access inner spiritual resources and raise your vibrational frequency.
13. Learn the protocol to ensure your connection to Source or Creator.
14. Find out how to use a Tibetan bell to balance stagnant emotional energy.
15. Learn about psycho-toxic energy and how to avoid its negative influence.
16. Find out how a regular energetic practice such as Qi Gong or meditation can awaken your extrasensory or psychic abilities.
17. Discover alternatives to the dangers and devastating side effects of antidepressants.
18. Find out how to clear the energetic origins of trauma patterns that collapse the entire trauma-laden matrix of PTSD symptoms.
19. Understand what it means to be fully embodied.
20. Discover the harmful consequences of not being fully embodied and what you can do about it.
21. Find out the destructive long-term consequences of common "curses".
22. Learn about trainings to become a certified Dynamic Energetic Healing® facilitator.
23. Learn how to eliminate binding trauma, enabling you to live an intentional life.
24. Discover that you have an "energy body" as well as a physical body that can be exercised and strengthened, resulting in glowing health and extraordinary well-being.
25. Learn how to move between the worlds of everyday "normal" reality and non-ordinary reality, the spiritual realms where your guardian angel or spiritual guide can be found.
26. Learn techniques and benefits for clearing your space from residual energy left by others.
27. Discover energetic techniques for preventing professional burnout.

“This book contains powerful healing!”

– Sandra Ingerman, MA, author of *Soul Retrieval and Medicine for the Earth*



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Brockman's healing model has proven successful in addressing depression, addictions, compulsive overeating, PTSD, anxiety, panic attacks, and other emotional disorders.

Provides Readers:

- A detailed explanation of the DEH® model
- Practical strategies for applying the DEH® model
- Insight through 17 detailed case studies
- Clarity through 11 instructional illustrations
- Also contains appendices, references, & index
- See website for comprehensive list of reader benefits

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Dynamic Energetic Healing®: Integrating Core Shamanic Practices with Energy Psychology Applications and Processwork Principles, by Howard Brockman, MA, MSW, LCSW, introduces a new psychotherapy model that creatively integrates ancient spiritual healing practices with modern psychotherapy.

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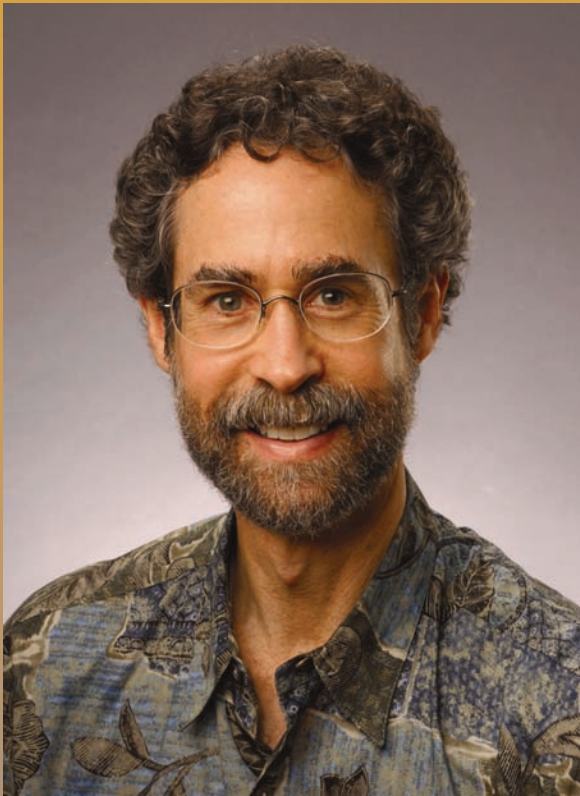
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– Stanley Krippner, Ph.D., co-author of *Extraordinary Dreams and How to Work with Them*

**For ordering information about the book, please visit:
www.DynamicEnergeticHealing.com**



“Dynamic Energetic Healing® is an evolving psychotherapy for the 21st century. In this new psychospiritual approach, persistent and intransigent trauma is released rapidly and permanently.”

**Howard Brockman
MA, MSW, LCSW**

Howard Brockman is a diplomate in clinical social work and has over 25 years of clinical experience as a psychotherapist in private practice where he resides in Salem, Oregon. Howard is a contributing author to Fred Gallo's book, *Energy Psychology in Psychotherapy: A Comprehensive Source Book*, published by W. W. Norton & Company (September, 2002), and a founding member of The Pacific Northwest Center for Energetic Healing. Howard presents his work at national and international conferences including the annual International Conference on Comprehensive Energy Psychology and the annual Conference for the Society of Shamanic Practitioners.

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To book Howard Brockman for an interview or speaking engagement, schedule a training, or to request a press kit, please contact:

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**For information about Howard Brockman, please visit:
www.DynamicEnergeticHealing.com**